

*STANDARD LIST*  
**DIET ASSISTANT**

*SECTOR: HEALTHCARE*

*SUB-SECTOR: ALLIED HEALTH AND PARAMEDICS*

*REFERENCE ID: HSS/Q5201*



**State Council of Educational Research and Training (SCERT)**  
**Vidyabhavan, Poojappura, Thiruvananthapuram - 695 012**  
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**This list of equipment, tool, furniture & consumables are prepared for a batch of 30 students**

<b>Part A - EQUIPMENTS</b>			
SL NO	NAME	SPECIFICATION	QUANTITY
1	Refrigerator	Double door with deep freezing	1
2	Cooking gas and burners & lighters	Cooking gas	3
		Single burner gas stove	6
		lighter	6
3	Microwave	OTG Microwave Oven	1
4	Blenderizers	Blenderizers 1.5L	1
5	Water purifier	stainless steel -34 L	1
6	Mixer grinder	750W 3 jar	2
7	Induction cooker	1200 W	1
8	Stadiometer	(Stadiometer) for Adults & Children	1
		Portable	1
9	Computer	As per govt norms	1

<b>Part B - TOOLS and ACCESSORIES</b>			
SL NO	NAME	SPECIFICATION	QUANTITY
1	Knife		2 set
2	Salad knife		2 set
3	Fork		2 set
4	Spoon		2 set
5	Soup spoon		2 set
6	Salad fork		2 set
7	Dinner fork		2 set
8	Butter plate		2 set
9	Butter knife		2 set
10	Dessertspoon		2 set
11	Dessert fork		2 set
12	Dinner plate		2 set
13	Soup bowl		2 set
14	Salad plate		2 set
15	Teaspoon		20
16	Tablespoon		20

17	Measuring cups	1 cup, 1/2 cup, 1/3 cup and 1/4 cup	2 set
18	Spoons	1 tablespoon, 1 teaspoon, 1/2 teaspoon, 1/4 teaspoon.	2 set
19	Kitchen scale	10-50 gm sensitivity	1
20	Vegetable chopper	Stainless steel	2
21	Atta kneader		2
22	Coconut scrapper	Hand operating type	2
23	Sinks for utensil washing,	Stainless steel single sink drain board with (37X18X18)	5
24	Food Trolley	Stainless steel	2
25	Kitchen Vessels	1500 ml 1100 ml 300 ml 450ml 750 ml  Plain Stainless Steel Cooking Sauce Pot Handy Vessel with Lid -3 Pcs Set (Stainless Steel, Induction Bottom)	5
26	Steamer	Stainless Steel Steamer (1 L)  Mini steamer	1  1
27	Casserole	Insulated steel casserole and hot pot	3
28	Basin with drainer and grater	Stainless steel	3
29	Basin set	Stainless steel basin set	5
30	Bowl set	Stainless steel bowl set	4
31	Kadai set	Stainless steel kadai set	3
32	Pressure cooker aluminium	2L 3L 5L	2 2 2
33	Colander	1500 ml 2500ml	2 2
34	Tawa	Hard anodized	5
35	Chapati maker and rolling pins	Wood	3
36	Dessert moulds	Silicon (different shapes)	2
37	Saucepan	Steel 1L 1.5L 2L	1 1 1
38	Dish drainer	Steel	2
39	Plate and glass stacker	Steel	3
40	Tea and milk strainer	Steel fine mesh	5

41	Fine mesh	Fine mesh juice strainer	3
42	Milk cooker	Steel 1L	2
43	Water storage container	Stainless Steel Water Filter. 34 litres with Double Candle. Silver. Rust Free, Premium Quality	1
44	Measuring tape	Measurement Tape (1.5 M)	5
45	Ladles set	steel	5
		wood	2
46	Strainer ladle	Different mesh/sievesizes	5
47	Turner		5
48	Grater		5
49	Cutting board		6
50	Knife set	Differenttypes	5
51	Scissors		4
52	Peelers		4
53	whisk		5
54	Tea cups		2set
55	Juice glass		2set
56	Steel glass		2set
57	Tongs		5
58	Measuring jar - glass	500ml,250ml	1
59	Oil dispenser steel		5
60	Oil spreader wood		5
61	Oil spreaderSilicon		5
62	Covering foil plastic cling film		1roll
63	Aluminium foil food grade for packing		1roll
64	Storage containers	1200 ml, 650 ml, 350 ml, 250 ml- Plastic Grocery Container	1set
65	Storage containers	1200 ml, 650 ml, 350 ml, 250 ml - Steel Grocery Container	1set
66	Masala storage box	stainless steel	5nos
67	Oil pot	500ml	5nos
68	Serving trays	Set Large Small Medium	5 5 5
	Steel plate	Different sizes	1set
69	Lid cover with knob	Stainless Steel Multipurpose Lid/Cover with Knob-different size	4Set
70	CPR kit		1
71	First aid kit		1

72	Dummy	Dummy for CPR demonstration	1
73	Fire extinguisher	ABC type 1kg	1
74	BP Apparatus	Mercury Manometer type	3
75	Stethoscope		3
76	Clinical thermometer	Digital type	5
77	Clinical thermometer	Infrared type	1
78	Weighing Machine		2

<b>Part C - CONSUMABLES</b>			
SL NO	NAME	SPECIFICATION	QUANTITY (perbatch)
1	Aprons and head scarfs	Cotton	40
2	Gloves	Disposable	2 Set
3	Gloves	Surgical	100
4	Cleaning Solution	Colin -500ml	3
5	Liquid soap for cleaning utensils	500 ml	4
6	Scouring powder	500 g	4Packets
7	Paper Tissues		5packets
8	GALA		4 packets
9	Floor mats		5
10	Scrubbers	Steel Sponge	10 10

<b>Part D- OTHER ACCESSORIES</b>			
SL NO	NAME	SPECIFICATION	QUANTITY
1	Garbage Bin	Plastic	5nos
2	Plastic colour coded bags	Green, Blue, Red, Yellow, White	2kg
3	Sample forms & formats		30
4	Nutritional brochures		5
5	Replacement battery		1
6	Flip books		6
7	Models for Food Groups		2
8	Portion size - All food groups		2
9	Charts of food groups, portion sizes, nutrient sources etc.		10
10	Registers		6
11	Records		6
12	Marker pen	Different colours	2 set
13	Duster		4
14	Paper	Ream	4

**Part E - FURNITURE**

SL NO	NAME	SPECIFICATION	QUANTITY
1	Kitchen Cupboard with Shelves with drawers	Compact with 3 shelves(Good quality strong Plastic)	1
2	Wall Hanging Cabinets	Stainless steel	1
3	Rack & Shelves	Adjustable storage shelves (plastic	1
4	<u>Kitchen Rack/Spice Shelf/Kitchen/Pantry StorageOrganizer</u>	2 tier cabinet -Stainless Steel	1
5	Storage Cabinet	2 tier plastic	1

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